**Physical Education**

**Coach Cross’s Information Center**

Email: Kristen. Cross @cobbk12.org

Blog: http://kcrosshealth.weebly.com/

A doctor’s note specifying the type if illness or injury and the nature and duration of the excuse are required when restricted or excused longer than five (5) consecutive days. Excuses should indicate what a student can do in order for the physical educator to modify instruction for that student. Students may be required to dress out.

**A Panther is….**

Respectful to peers, teachers, and equipment.

Responsible by being on time, on task, and ready to learn.

A Solution by being a leader and solving problems quickly.

An Achiever by giving our best effort every day!!

**Skills you use for a lifetime!**

**Physical Education Grading Policy**

Summative Assignments:

Tests/Performance Assessments/Participation 70%

Formative Assignments:

Quizzes/Dressing Out 30%

*At no time should cell phones or other electronic devices be brought out of the locker rooms. Students are to* ***lock*** *these items in their PE locker during class.*

**Injured? Sick?**

**Dressing Out**

**Grade Recovery:** All graded assignments, (performance assessments, quizzes, or tests) which are returned, may be corrected and resubmitted within two school days to be averaged together. This will then be the new final grade for that assignment.

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Students will be required to change into a type of athletic shirt and elasticized athletic shorts or pants. **Palmer Dress Code still applies to all Physical Education classes**. Yoga pants (leggings) are allowed but students must wear a shirt that comes to fingertip length. Shorts must be at least fingertip length and may not be “rolled”. Students may not wear their physical education clothes under their school clothes.